



BREAKFAST

Full English **P** **3.600**

Full English served with 2 Eggs (Fried, Poached or Scrambled), 1 Piece of Fried Bread, 1 Sausage, 1 Black Pudding, 1 Hash Brown, 2 Rashers of Bacon, Mushrooms, Baked Beans, 1 Grilled Tomato, Tea/Coffee, Toast, Fresh Orange Juice

Healthy Option **2.300**

A Glass of Juice, Low Fat Greek Yoghurt with Organic Muesli, A choice of Egg White Omelette or 2 Poached Eggs on Wholemeal Bread and a Cup of Tea/Coffee, or a Glass of Low Fat Milk

Breakfast Burrito **2.200**

Egg White Scrambled with Vegetables, Black Beans, Guacamole, Tomato Salsa & Cheese

Wheat Bagel with Smoke Salmon and Cheese **1.800**

Broiled Grapefruit with Gratin Brown Sugar Top with Cottage Cheese **1.600**

BREAKFAST ROLLS

Bacon and Egg **P** **1.900**

Beef Sausage and Bacon **P** **1.900**

Beef Sausage and Egg **1.300**

Beef Sausage, Bacon and Egg **P** **2.300**

Bacon (3 Rashers) **P** **1.400**

EXTRAS

2 Rashers of Bacon **P** **0.700**

2 Beef Sausages **0.500**

1 Slice of Black Pudding **P** **0.750**

1 Pork Sausage **P** **0.400**

SANDWICHES, TOASTIES, ROLLS AND PANINI'S

Cheddar Cheese & Onion **1.100**

Cheese & Tomato **1.100**

Tuna Mayo **1.200**

Egg Mayo **1.200**

Egg Mayo & Bacon **1.400**

Chicken Salad **1.600**

Turkey Salad **1.800**

Chicken & Bacon **1.900**

Ham Salad **2.200**

BLT **2.600**

Brie & Ham **3.000**

Mozzarella, Tomato & Basil **3.000**

SALADS

Caesar Salad				2.100
Romaine Lettuce Tossed in our Homemade Caesar Dressing, Topped with Garlic Croutons and Shaved Parmesan Cheese.				
Add Grilled Chicken	1.100	or	Grilled Salmon	1.200
Roast Pumpkin, Quinoa, Pomegranate, Pinenuts and Feta Cheese Salad				
2.600				
Asparagus and Chervil Quiche with a Herd Salad				
2.600				
Beef and Papaya Salad with a Palm Sugar and Peanut Dressing				
3.200				

BEVERAGES

Latte	0.900	Cappuccino	0.800	Espresso	0.700
Double Espresso	1.100	Hot Chocolate	0.800	Tea/Coffee	0.600
Milk (Small)	0.600	Iced Tea	0.600	Iced Coffee	0.700
Milk Shake	0.900				
Choice of Chocolate, Strawberry or Vanilla					

AFTERNOON TEA (Served from 1:00pm to 7:00pm daily)

Afternoon tea for one	3.100	Afternoon tea for two	6.000
Selection of Hot Beverages, Home-made Scones, Assorted Finger Sandwiches, Assorted Pastries			
Add a Glass of Sparkling Wine - Pol Remy			
1.400			

SOFT DRINKS

Pepsi/Diet Pepsi, 7Up, Mountain Dew, Orange Crush, Shani, Soda Water			.250
Water – Small	.300	Water Large	.600

SELECTION OF BOTTLED AND CANNED BEERS

Carlsberg 50cl Can	1.200	Foster's 50cl Can	1.200
Holsten Diat Pils Bottle	1.400	Corona Extra Bottle	1.500
Amstel Lite Can	1.600	Budweiser Bottle	1.600
Peroni	1.600	Amstel Lite Bottle	1.700
Savanna Cider Bottle	2.000	Murphy 50cl Can	1.900

Draft beers are available on request

SELECTION OF WINES – BY THE GLASS

WHITE

	<u>175ml</u>	<u>250ml</u>	<u>Bottle</u>
Longchamps Blanc (France)	1.600	2.200	6.200
Drostdy Hof Blanc (South Africa)	1.600	2.200	6.200
Georges Duboeuf (France)	1.900	2.600	7.500
T'air Doc Sauvignon Blanc (France)	2.300	3.100	9.000
Jacobs Creek Chardonnay (Australia)	2.700	3.600	10.500
Caliterra Sauvignon Blanc (Chile)	2.900	3.900	11.500

RED

	<u>175ml</u>	<u>250ml</u>	<u>Bottle</u>
Longchamps Rouge (France)	1.600	2.200	6.200
Drostdy Hof Rouge (South Africa)	1.600	2.200	6.200
Georges Duboeuf (France)	1.900	2.600	7.500
T'air Doc Syrah (France)	2.300	3.100	9.000
Jacob's Creek Shiraz Cabernet (Australia)	2.700	3.600	10.500
Caliterra Reserva Carmenère (Chile)	2.900	3.900	11.500

ROSE

Mateus Rose (Portugal)	9.500
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SPARKLING

Pol Remy (France)	6.200
Prosecco (Italy)	15.000